## **GROW!** HARVESTING HOPE

(Chesterfield, MO) In Epic Empowerment Campus, we care about creating healthy habits for youth, which is why we work with a healthy, easy to follow harvesting process that will bring healthy food options to our tables. With Tower Gardens and Microgreens,



Epic Empowerment Campus will be able to help our next generation of leaders bring a solution to a nutrition problem that is affecting our day to day lives We will use this revolutionary gardening

process as part of our program to help young people achieve a healthy lifestyle, learn the basics of gardening and good nutrition, and overall stimulate those untapped skills several of our young leaders have, to help them find a career or interest that will leave a very good, positive impact in their lives, while learning new things in the process. On April 4th in Chesterfield, Epic Founder Mark Moebius will unveil the plan to stamp out poor nutrition and deliver hope and empowerment to communities devastated by food deserts all over the country.

Similar to Green Bronx Machine, Epic Empowerment has a mission when it comes to improve our healthy food options: Industrial food has totally failed to achieve those nutrients we need to harvest a healthy lifestyle.

We care about teaching our next generation of leaders how to solve this problem.

Epic Empowerment is pleased to bring speakers, Stephen Ritz, that will talk more indepth about Green Bronx Machine mission, Epic Founder Mark Moebius will be talking about creating life in a food desert, and Kacy Schloss, a pharmacist helping moms raise healthy families. The event will be held on April 4th, 2023, please visit the website for



17795 Wild Horse Creek Rd • Chesterfield (636) 300 - 9000 epicempowerment.org

more information growharvestinghope.eventbrite.com